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SAFP

SATHI ALL FOR
PARTNERSHIP

ANNUAL REPORT 15-16

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CHAPTER ONE: INTRODUCTION

SATHI ALL FOR PARTNERSHIP (SAFP) is an organization aimed at building capacity within the community for better access to resources and mental health in order to improve the situation all over India. Using both extensive research and community activities such as training, M&E analysis and advocacy, SAFP's work has led to behavioral and social change. SAFP is member of India Alliance for Child Rights and has founded successful women and youth mobilization and motivation campaigns, as well as civil society organisations. SAFP works with other agencies and UN organisations, and acts as the Secretariat for International and National forums, such as the National Alliance for Labor Rights and Consult for Women and Land Rights (CWLR). Through this position, SAFP undertakes advocacy and women resource rights work which it has linked to issues such as migration, peace building, health, water and sanitation, resource equality and mental health.

Through the experience of working with various sections of women over many years, SAFP has recognised a gross neglect in mainstreaming mental health and has focused on remedying the problem. In order to address this issue, the organization developed modules of Psycho-Social Rehabilitation (PSR) in Delhi's urban neighborhood areas and in a rural area of Kerela. Through an analysis of the existent gap for mental health support in community set-ups and understanding of mental health work and its relationship with women empowerment in numerous states of India, SAFP developed the PSR Program strategy. This strategy included a spectrum of activities such as awareness and sensitization talks, individual and family interventions, support and counseling, documentation, self-help groups, recreation and leisure activities, vocational rehabilitation and care skills training.

CHAPTER ONE: INTRODUCTION (CONT.)

Additionally, this year, SAFP has continued to protect and uphold the human rights of waste collectors in India in their strife to work with dignity as per the principles of the International Labour Organization (ILO), the United Nations and the Constitution of India. The organization is committed towards influencing government legislation, policy and programs pertaining to solid waste management, with an amplified focus on waste collectors through creation of multi-scalar democratic structures and processes at the local and national level. As such, SAFP supports different collective assertion of informal sector workers aspirations for decent and dignified life. On the understanding that women workers are the most vulnerable, SAFP has based its work on women waste and domestic workers has made its presence felt with collectives of such workers at advocacy events. SAFP has also contributed towards documenting solutions in favor of women workers on local and national platforms.



CHAPTER TWO: WORK ON RESOURCE INCREASE

SAFP Representation at different forums

During the 2015-2016 year, our team at Sathi All for Partnership has been invited at different forums to deliver training and presentations, including a series of legal talks at Delhi and Bangalore on areas of Mental Health, Property Rights of Women and Domestic violence. Most notably on 30th November 2015, Ms Pranjali Malhotra attended the national workshop on Data Gaps in Gender Statistics. At this workshop Ms Malhotra pointed out the paucity of any records or statistics with the government as to how many women actually suffer from mental illnesses and what is their ratio in terms of the entire population of mentally ill, making it a important occasion for the recognition of the issue of mental health concerns in women. As the SAFP Representative, she flagged the need for a study on gender resource gaps and discrimination against women as a factor that increases stress levels in women. This pointer in cause for mental illness in women, especially in Indian context, has not been established. As the policy makers and decision makers within the government machinery go by the data available it becomes imperative for such a study so as to ascertain the magnitude of mental health problems amongst Indian women. This suggestion was in line with the proposed SAFP Mental Health Agenda.

Partnership with Iprobono

Ms Pranjali Malhotra also worked concertedly with Iprobono to raise awareness among their staff members to understand agenda of women resource right and mental health. Ms Malhotra and Ms Vandana Mahajhan attended two workshops organised by Iprobono and helped draft concept notes for work in the areas of mutual interest. In the future, SAFP seeks to collaborate with National Commission for Women to hold quarterly talks to better understand the Acts, laws and bills related to this issue for all the different constituencies that SAFP interacts with. In order to achieve this collaboration SAFP invited other likeminded Civil Society organizations and stakeholders in the field, to reach out to Corporations to align their Corporate Social Responsibility (CSR) initiatives. One such initiative has been realised with ONGC through the work of Ms Malhotra, who is constantly engaged with students, academics, as well as people from the Ministry and human rights organisations.

CHAPTER TWO: WORK ON RESOURCE INCREASE (CONT.)

International advocacy of Gender Resource Gap discourse

This year SAFP got the opportunity to undertake different assignments that made it possible to apply its institutional learning at a strategic level. Additionally, SAFP engaged with national and international assignments to further its resource rights agenda

Throughout the year, Ms Sunita Gupta Kotnala, Strategy Advisor SAFP, engaged with the Sustainable Development Goals (SDG) agenda building for women by participating in the HPLF women major group for Sustainable Development summit in New York.

Ms Kotnala alongside Ms Rajashree Bhaumick and Dr Shivani Bhardwaj published an Oxford publication titled "Embedding Gender Resource Gap Differential In Planning To Address Issues Of Access Ownership Safety And Equality For Urban Poor" for the Ministry of Housing and Urban Poverty Alleviation (MoHUPA) and DFID. Assignment with Feminist at Technology a

Assignment with Feminist at Technology

Between April and August 2015, Mr Vijay Rajkumar and Dr Shivani Bhardwaj conducted the evaluation of the previous five years of work undertaken by Feminist at Technology.



CHAPTER TWO: WORK ON RESOURCE INCREASE (CONT.)

Assignment with UNICEF Assam

UNICEF has long been an effective advocate for the rights of children and women globally as well as in India. Given the organization's mandate, experience and global recognition, it has been in a strong position to advocate on behalf of women and children and enable them to speak on issues that impact them. In Assam, UNICEF supports the State Government of Assam in formulating and implementing policies related to children's development especially on critical issues around reproductive and child health; child development and nutrition; water, sanitation and hygiene; child protection; and education.

The SAFP assignment with UNICEF Assam was to develop their advocacy strategy with the state, which concluded with the development of a state specific advocacy toolkit for UNICEF staff members. Developing an advocacy strategy entails figuring out how to reach interim outcomes while keeping the long-term vision alive. A good strategy can be applied to a quick initiative or a long-term programme, but it always creates opportunities to advance efforts and protect gains. SAFP and its members worked with UNICEF from July 2015 until December 2015 to develop the advocacy toolkit.

Assignment with IFAD

The international Land Coalition (ILC) contracted SAFP consultants to draft six best practice case studies in India for ILC people centered Land governance data base (<http://www.landcoalition.org/what-database-good-practices>). In order to draft the case studies, SAFP consultants across India and USA worked with five ILC partners namely Social Development Foundation, Seva Mandir, FES, KRAPVIS and SDPPA

Assignments on Sexual harassment Committees

SAFP consultants Ms Vandana Mahajhan and Dr Shivani Bhardwaj have actively worked on raising awareness on the role of organizations in preventing sexual harassment at the workplace. In doing so, SAFP has organised three workshops on this issue including two workshops for K& S Partners and C Step (a think tank based in Bangalore).

CHAPTER THREE: WORK ON WELLNESS

- In line with SAFPs Mental Health objectives the organization has developed a Clubhouse model for Psychosocial Rehabilitation (PSR) in Delhi's urban neighborhood areas with the objective of establishing self-help community support groups. This endeavor was assisted by the involvement of experts on community mental health work, who provided training and guidance to the SAFP team.
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- In the past year, SAFP launched the Clubhouse pilot project in Mayur Vihar (Delhi) to introduce a neighborhood self-help support group for those with some history of mental un-wellness. The emphasis of the Clubhouse is on relationships, aiming for members to regain their productivity and self-confidence, resume their lives and re-enter society. The Clubhouse environment also aims to equip its members to fight the stigma that often separates them from their neighbors. The Clubhouse group meets in each other's homes in rotation. Group members reach out to other individuals and families with mental wellness concerns. Eventually group members begin meeting at an NGO or an institutional setting that is able to provide further support.
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- All members have their individual strengths and potential, which are tapped into in order to create a strong support network. Activities such as singing, drama, yoga and dance ring in synergy within the group. After each activity feedback and input is provided by invited resource persons, in order to better understand wellness strategies. The members along with their families become instrumental in evolving the mental health work for the community. Clubhouses are built upon the belief that every member has the potential to sufficiently recover from the effects of mental illness to lead a personally satisfying life as an integrated member of society.
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- SAFP has a database of counselors and medical professionals on call for referrals incase a need arises. Staff members provide community support for members, to ensure that they receive the benefits and services they need, from both SAFP and from other sources.

CHAPTER THREE: WORK ON WELLNESS (CONT.)

An overview of a few meetings is given below for a flavor of what happens at the clubhouse:

The clubhouse members meet in homes and at public places like parks and at CSO meetings. This year the first outing for the clubhouse members was also the first activity for SAFP in its new location in Noida. The meeting was held in the house of a senior citizen who suffered from depression after her husband's death but came out of her depression by being an active member of the clubhouse. The clubhouse members from Mayur Vihar made arrangements by booking drivers and coming in two different vehicles picking up others on way. When the clubhouse members reached Noida they were quite energized and the session included an exercise, where all eleven members had to say a few words that identified themselves in response to the question "who am I". Each individual member talked from heart and went into an introspective mode. For example a member said she was 'just a soul', while another identified herself with the role of a wife and another as a mother and finally one member said that he is a creator. The member's responses were then analyzed by the facilitator of the exercise and all members were reminded of the importance of looking upon ones self in a positive manner. Later a quiz game was played which was thoroughly enjoyed by all. The meeting concluded with eats after a Pranayam and laughter exercise session.

Another meeting was held at an elderly couples home following concern about the Nepal earthquake and how all members felt it and were affected by it. Mr. Rakesh, a motivational speaker, was invited to discuss these issues with the clubhouse members. A discussion was carried out in the group on gaining strength from within and self-belief. As it was Mr. Rakesh's first interaction with the members, he took some time to know each person. During discussions it, a member who had come to a clubhouse meet after a long gap, disagreed with Mr. Rakesh's presentations and offered an alternative view. This member was given space to explain his point of view due to the as members are allowed to say what they feel like and the meeting offers a hearing for everybody. Another member shared his victory as he jubilantly informed the group that he had quit smoking with the help of his doctor. He shared his slow progression and journey towards being nicotine free, how he had relapsed several times before but was firm this time. This journey was very insightful and all members and guests congratulated him on his achievement.

CHAPTER THREE: WORK ON WELLNESS (CONT.)

During another meeting held at in Mayur Vihar, Dr Sandeep Govil SAFP's psychiatrist friend was invited on the group's insistence. He involved the group with Pranayam exercises as designed by Art of Living and took up individual cases with members asking them about their health and progress. An important topic of conversation was raised by one of the clubhouse member's mother who noted that the clubhouse member keeps talking about marriage and questioned whether it is a good idea for people with mental illness to get married. The group got completely involved in discussing the need for companionship and anxiety of parents to see young mental health patients to be settled in marriage. The insecurity of parents as to who will look after their children when they are not around forces them to seek matrimonial alliances though they also doubt its feasibility. The mother sought advice on activities for the clubhouse member so that he can be kept busy and productive. This triggered again discussions on whether the clubhouse should be linked to an activity or training in order to make persons with mental health concerns self-reliant and the need for space and funds to achieve this. Another clubhouse member is a good singer and is open to take music classes however is too hesitant to host them individually in her home, as such if we had a provision of space the clubhouse members could have benefitted. Finally the meeting closed with the celebration of a clubhouse member's birthday alongside Gurudev Tagore's birthday. Cake cutting was followed by singing of Rabindra Sangeet and other Hindi songs, followed by the recital of Tagore's Chitrangada. An invite for Tagore's birth anniversary celebration for May 9th at FICCI was extended to the group. All showed enthusiasm to attend



CHAPTER FOUR: PARTNERING ON WORK WITH VULNERABLE COMMUNITIES

Work with artisans

SAFP partnered with Market Inns to bid as a Technical Agency (TA) to the Government of India within its skill development programme. Through the process of competitive bidding the partnership won a slot under the central governments SFURTI programme. SAFP thus participated in initial meetings to secure its name as a TA. A meeting between the Managing Director Market Inns and Executive Director SAFP on the SFURTI programme was held in June 2015 to discuss roles of the two organizations. Since most of the tasks under the work were direct training of artisans, SAFP role did not find space. SAFP could play a role at the level of district and above when reports of the work are collected and monitoring needs arise. Market Inns through several meeting with Ministry representatives and KVIC Officers got assigned work with the Meerut cluster of 100 artisans after considering clusters of Agra, Mathura, Ferozabad, Rampur and Gautam Budh Nagar. The consideration was based having reliable implementing sub-agencies to carry on artisan work and provide them market links after TA input of value addition to the process.

Work With Unorganized Workers

The National Alliance for Labor Rights (NALR), of which SAFP is a founding member, organized a number of meetings during the year with unorganized sector workers. NALR organized a national level convention of workers called the Shramick Sansad and a national consultation on 'Evolving Shape of Workers' Movement in India'. This was held on 17th May 2015 in New Delhi.



CHAPTER FOUR: PARTNERING ON WORK WITH VULNERABLE COMMUNITIES (CONT.)

The recent labour and economic policies of the government have declared more and more hardships for the workers by withdrawing their established democratic rights and giving endless concessions to industrialists/capitalists making them unaccountable to the spirit of our Constitution. These policies have sharpened the contradiction between the labour and the capital, between the toiling working classes and the insensitive rich ruling classes, and between the aspirations of the Indian people and short-term selfish interests of a few controlling the resources of the country. Workers have been responding to these realities in diverse ways. It is becoming more and more urgent for workers' organisations who are working with different sections of workers to come together, share mutual learning and reflect on developing common and joint strategies and actions to give better shape to the workers' movement, going beyond the narrow ideological boundaries. Different sections of urban and rural poor workers are looking forward for sector specific action on one hand, but to commonalities and joint actions on the other. Cross cutting issues such as gender, caste, migration, environment will demand more attention and creative thinking for integration with the workers' movements. Currently the workers' movement is unrepresented in Parliament and as such the task of impacting the Parliament for pro-worker policies has become near impossible.

On 17th May 2015, representatives of different workers' organisations and social organisations came to reflect on the evolving shape of workers' movement in India and asked questions such as: How can the workers' be strengthened? What are the important issues in this regard? How can the spirit of collectivism among the workers' organisations be strengthened more? What could be an all inclusive charter of demands and action? The questions were taken on notice and to be answered by the most suitable people at a meeting to be held on International Workers' Day on May 1st. Some of the participants were keen to create another festival for workers' movement in India on the birth anniversary of Shaheed Bhagat Singh on 28th September. These workers were keen on paying homage to Singh's thoughts and actions for the workers of India. Thus a Workers Parliament was organized on 28th of September where different forums and individual organizations placed their answers to a wide audience at the Mirza Ghalib Hall in Old Delhi. The meeting preceded a small meeting at Firozshah Kotla park where Bhagat Singh's statue is situated. As no other group activity or individual had visited the statue that day, this was the first time that the statue seemed to be honored at least this historic day with the presence of workers representing eight cities.

CHAPTER FOUR: PARTNERING ON WORK WITH VULNERABLE COMMUNITIES (CONT.)

The Workers Parliament was a democratic event that provided platform to different organizations to speak about solutions they felt were important to reach to the parliament of the country to improve conditions faced by those people who were not covered or protected by different systems and processes of national planning. Among these people are vendors, rag pickers, who need to organize themselves better as well as those who have already organized themselves through national platforms for example the construction workers and domestic workers. The Workers Parliament thus proved to a platform where different workers got together to speak about their concerns and solutions at an equal footing. Two documents were prepared and released at the occasion.

Work With waste Workers



SAFP staff member Mr. Shashi Bhushan's work was supported by Fund For Global Human Rights and IPM again this year. The waste workers in Delhi participated on many different forums, consultation and awareness rallies in Delhi, Kanpur, Benares and at national level. At the neighborhood level Mr. Bhushan and Mr. Brijesh Gopal helped SAFP's campaign in making compost

beds in local areas to convert household waste into manure. This helps the waste workers to source clean household non-biodegradable waste in a manner that it could be recycled better. The alternative model adopted by SAFP in its AIKMM project to secure and protect the right to work of waste collectors is not only going to provide waste collectors with sustainable livelihood opportunities, it will at the same time will challenge privatization and mechanization of waste management. The environmental issue pertaining to burning of waste through incinerators is also challenged by this model. Mr. Bhushan was invited to a number of national and city based events to speak about waste collection. He placed the difficulties of rag pickers losing out on work in every city between municipal authorities and companies that are responsible to clean garbage. The sorting work of the garbage precedes the taking away of the different lots but the waste workers who are engaged to collect and sort different waste material are not compensated by any vendors. As a result they suffer because guidelines for the same need to be clarified to fix responsibility of this piece of work with either the contractor or the local government.

CHAPTER FOUR: PARTNERING ON WORK WITH VULNERABLE COMMUNITIES (CONT.)

Work with Migrant workers

Council for Migrant Workers Rights (Pravasi Mazdoor Adhikar Parishad) was strengthened in NCR by members of the NALR. The members of this council participated in different activities organized by NALR and its related network members.

Work on Education of the Vulnerable

This year SAFP staff members continued to work with Eduseva to provide voluntary counseling support to students who are graduated from Pratibha schools of Delhi. Additionally SAFP also exposed families in Mayur Vihar neighborhood to this work. SAFP value added to this work by fusing its agenda with Eduseva to make Delhi safer for women. A Basti level school at Bhuapura in East Delhi was supported through the year with help of the funding partner IPM, wherein a teacher could be paid a stipend on a monthly basis for taking tuitions for children of rag pickers. Mr. Bhushan supervised the teacher as part of his work with the Waste Workers Project. SAFP also worked with Bhagta Bharat, an organization established in 2012 to make a difference in the communities in which underprivileged children and youth in Delhi NCR live in. It aims to transform lives by introducing discipline through sports and increasing the aspiration for value based living to promote collaboration through our activities. The organization identifies communities to work in, reaches out to the children in this community through. Furthermore this year, Ms. Pranajal Malhotra and Dr. Shivani Bhardwaj of SAFP received training by Indian Career Education Development Council (ICEDC) to be certified career counsellors for an Australian Government supported career guidance module called My Kesho.



CHAPTER FOUR: PARTNERING ON WORK WITH VULNERABLE COMMUNITIES (CONT.)

Work with the Elderly

SAFP continued its work with elderly by researching and reaching out to the elder population and service providers in its catchment area, including EPOCH, Bhagawat Dham etc. These service providers' facilities promote the concept of assisted living for the elderly. Information about services like EPOCH were made available in our meetings and assisted our research that informs us that 17.13 million older adults are suffering from mental health problems in India and this is a big challenge for most households at present. Surveys reveal mental health morbidity in adults over the age of 60, which indicate immediate need for geriatric mental health service in India. The disintegration of joint families set ups have led to elders having little personal, emotional, economic care and social support.

SAFP aims to minimize the vast gap between geriatric mental health services requirements and available services by using neighborhood and community participation to encourage care and support to the elderly. Towards this end of the year SAFP developed concept notes and proposals for attention of IBHAS and the Government of India's Ministry of Health and Social Welfare. The discussions revealed that the government has rests responsibility and resources for mental health unto the realm of activity with mental health institution such as IBHAS in Delhi and these have little to offer in terms of collaboration for community outreach rehabilitative services. While working on the issue of elder SAFP came to realize that middle aged women face a deep rooted gender bias which negatively effects women mental well being. Work this year has lead us to focus our endeavors in future on the health of the elderly women.

CHAPTER FIVE: SAFP COLLABORATORS AND PEOPLE

Funders : Ministry of Women and Child (MWCD), Fund For Global Human Rights (FGHR) and International Partners in Mission (IPM)

Collaborators : Jeevan Uthan Samiti, Community Development and Technology foundation, Bhagwatdham Senior Citizen Assisted Living, Bharti College, Delhi University , Women Struggle Committee, TAAL, Sewa Mandir, National Alliance For labor Rights, All India Kabri Mazdor Mahasangh, Nirmana, Nazmi, NACDOR, India Alliance For Child Rights and Drishti - The insight. Urban Scape, Joint Women's programme and IPAC.

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HUM SATHI Programme: Ms. Pranjali Malhotra Assignment

FAT: Mr. Vijay Raj Kumar

Assignment IFAD: Ms. Vandana Mahajhan, Ms. Rajashree Ghosh and Ms. Sunita Gupta Kotnala

Women Resource Zone Process: Dr. Shivani Bhardwaj, Ms. Mansi Samdar, Ms. Chitra Khanna, Ms. Dafne Sadlana, Ms. Julia Gaula, Ms. Helena Cardona Tamayo, Ms. Carla Amat and Ms. Medha Shekhar

CHAPTER FIVE: SAFP COLLABORATORS AND PEOPLE (CONT.)

Interns



Aditi Sabharwal is a hotel management graduate who has worked with SAFP wellness programme for the entire year. She has maintained the club house communications and PR by contacting members before every meeting to ensure their attendance. She further designed the meeting content and invited resource persons to provide input for the growth of the participants. The club house participants fondly call her the lifeline of the club house as she has been the fulcrum of communications as well as an energizing coordinator. The added value of her content development for club house was her dance therapy input that assisted in livening the spirit of the club house members.



Imran Khan Hussani has a Bachelors in Education and he leads a group of underprovided children through extracurricular non formal education activities including Yoga. He also conducts classes on value and moral education through a centre of learning called Adharshila or foundation which he set up with two other youth. Imran has linked youth in the Mayur Vihar to development NGO activities supported by SAFP. He keenly works among his own community to promote education among girls and campaigns that there be no child marriage.

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